

# FITSTATION # 149

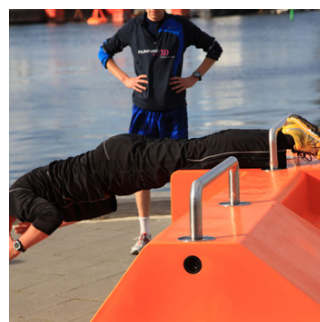
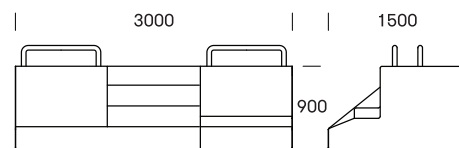
GHB Landscape Architects and Running26 have cooperated with Out-sider to develop FitStation, enabling 16 basic exercises to be carried out on the same unit. An innovative merging of traditional, separate training units.

FitStation inspires physical exertion and is ideal for urban training settings including Herning Fodbold Eksperimentarium, which has been awarded the IOC bronze medal 2013.

Design: [GHB Landskabsarkitekter](#) / Mikkel Hjort  
Exercises: [Running26](#) / Thomas Nolan

Video:  
[https://www.youtube.com/channel/UCJVj8wypeK3ba\\_9EoH1Z3PA](https://www.youtube.com/channel/UCJVj8wypeK3ba_9EoH1Z3PA)

Design: GHB Landskabs-arkitekter



# TECHNICAL DATA

## Material

Rotation moulded polyethylene, 10mm thick, dyed. Moulded in one piece. UV-resistant, stands up to weather, wear and tear. The material is suitable for granulation and recycling.

## Dimensions

L3000 x B1500 x H900mm.

## Fixation

Fill with water/sand through integrated plugs or surface/ground fixation. Brackets to be ordered separately.

## Maintenance

This product withstands most cleaning agents and chemicals and can be cleaned using a high-pressure cleaner. The colour can be revived using vinyl cleaner or similar

## Product code

149 0101 FitStation red / 200kg  
149 0102 FitStation limegreen / 200kg  
149 0103 FitStation orange / 200kg  
149 0104 FitStation yellow / 200kg  
149 0109 FitStation purple / 200kg  
149 0113 FitStation grey / 200kg  
149 0117 FitStation blue / 200kg  
149 0115 FitStation pastel blue / 200kg  
149 0116 FitStation mokka brown / 200kg  
149 0118 FitStation olive green / 200kg  
900B2 Brackets for ground fixation  
900B3 Brackets for surface fixation

## Standard colours (approx. RAL)



Red: RAL 3020



Limegreen: RAL 120 70 60



Orange: RAL 2003

## Variant colours



Yellow: RAL 1018



Purple: RAL 4004



Grey: RAL 7015



Blue: RAL 5010



Pastel blue: RAL 5024



Mokka brown: RAL 8028



Olive green: RAL 6025